

**Five Valleys Urology  
UA Drop-Off/Collection Form**

Patient Label Here

Date: \_\_\_\_\_

**REASON FOR LEAVING A SAMPLE (Check all that apply):**

Urine check before my [ ] BOTOX [ ] BCG [ ] Urodynamics [ ] Blood in my urine [ ] Light pink [ ] Pink [ ] Red [ ] Dark red [ ] Urine check post antibiotics Last day of antibiotics? _____ [ ] Cytology [ ] Urgent or frequent need to urinate If yes, how often? _____
[ ] Painful urination Improved with medications? [ ] no [ ] yes [ ] none tried Duration of pain? [ ] <1 day [ ] 1-3 days [ ] 4-7 days [ ] >7 What is the severity of the pain? (1-10 w/10 being worst)? _____ If yes, which ones? _____
[ ] Pain/Pressure Location [ ] lower back [ ] abdomen
[ ] Foul smelling urine How long has it smelled? [ ] <1 day [ ] 1-3 days [ ] 4-7 days [ ] >7
[ ] Other [ ] fevers [ ] sweats [ ] chills [ ] nausea [ ] vomiting [ ] diarrhea

**Do you have frequent UTIs?** [ ] no [ ] yes Last one? \_\_\_\_\_ How many in last 6 months? \_\_\_\_\_

**Are you allergic to any antibiotics?** [ ] no [ ] yes If yes, which ones? \_\_\_\_\_

**Female specific:** Are you pregnant? [ ] no [ ] yes Are you menstruating? [ ] no [ ] yes

**IF BRINGING IN SAMPLE**

Sample collected? Date _____ Time: _____
Has sample been refrigerated? [ ] no [ ] yes <b>Was a catheter used for collecting sample?</b> [ ] no [ ] yes

**IF GIVING A SAMPLE IN OUR OFFICE**

Time sample was collected: _____
<b>Was a catheter used for collecting sample?</b> [ ] no [ ] yes

**My Pharmacy Name/Location:** \_\_\_\_\_

**Phone number to call w/results?** \_\_\_\_\_

May we leave a message? [ ] no [ ] yes May we text results? [ ] no [ ] yes

**PLEASE SEE REVERSE SIDE →**



FIVE VALLEYS  
UROLOGY

## MANAGEMENT OF URINARY TRACT INFECTIONS (UTIs)

If you have had a urinary tract infection (UTI), you know all too well the misery of the pain and urinary symptoms that they cause. Antibiotics are an excellent treatment for UTIs, but only when the right antibiotic is used and for the shortest period. To effectively target the specific UTI bacteria, you need to know what organism is causing the infection and which antibiotic will treat it. UTIs are diagnosed by analyzing a sample of your urine. The three methods of diagnosing a UTI are a Urinalysis, urine culture, and urine PCR. Five Valleys Urology provides all three options for patients, either performed in our certified laboratory by trained clinical laboratory scientists or sent to an outside reference lab. Your provider will talk to you about which method is most appropriate for your unique situation. Please see below for more information and approximate cost of each method. Please remember, your cost will depend upon any contracted insurance rates, your co-pay, and any co-insurance due to deductible or plan outline.

**URINALYSIS (UA):** A quick in-office test using a dipstick and/or microscope to detect any white blood cells, nitrates, or blood in a urine sample. UA's are not very sensitive or specific in testing what type of bacteria is causing the infection or what is the best antibiotic to treat the bacteria. Depending upon insurance coverage, a UA can cost anywhere from \$20-\$70.00 per instance. Five Valleys Urology bills for this service

**URINE CULTURE (UC):** Your urine sample is sent to an outside lab and the results may take up to seven days to return. At the lab, your urine sample is analyzed in a more thorough way. UC's are a very sensitive and specific way to diagnose and treat a UTI. The lab attempts to grow and specifically identify any bacteria from the urine sample and determine exactly the most sensitive antibiotics to treat/kill the bacteria. Even so, UC's are considered to be 60-70% accurate in detection and can sometimes miss bacteria. Depending upon insurance coverage and testing required, a UC can cost anywhere from \$80-\$500.00 per instance. The outside laboratory bills for this service.

**URINE MULTIPLEX POLYMERASE CHAIN REACTION (PCR):** A Urine PCR test uses a sample of your urine to detect the presence of bacteria differently. It identifies 25-30% more germs and organisms than a urine culture, and is much better at identifying and detecting the precise pathogen responsible for infections. PCR test results are delivered the next day and help identify which antibiotics can be most effective in treating your UTI. If you've experienced UTIs more than twice a year, had resistant infections, been hospitalized for a UTI, have a catheter, have symptoms of prostatitis, or still experience UTI symptoms after a negative UC, PCR testing may be the best option in better addressing your UTI. PCR Insurance coverage and costs are different than UA and UC costs. PCR testing is comprised of more codes, and there is a significant cost difference between UC and PCR testing. Coverage is dependent upon your individual insurance contract and any deductibles, co-payments, and co-insurance. Our business office can provide a cost estimate, but in general PCR testing can cost up to \$800.00, in extreme cases more. Five Valleys Urology bills for this service.

**If you have commercial insurance, please provide your consent for the type of testing you approve:**

- I consent to a UA test, and a UC if my sample is positive
- I consent to a UA test, and UC/PCR testing if my provider feels this is the best option and accept the above responsibility.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Label is on the front